

# Kindergarten

## Readiness Skills



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# Self-Care

- Responsible for personal belongings
- Uses the bathroom without help (includes washing hands)
- Gets dressed on own
  - Snaps, buttons, and zips



# Language & Communication

- Knows and says first and last name
- Uses complete sentences (5 to 6 words)
- Expresses frustration/anger with words
- Follows 2- to 3- step directions
- Understands questions and responds to them



# Fine Motor

- Traces lines and basic shapes (square, circle, etc)
- Is able to copy basic shapes and lines
- Holds a writing utensil with a non-fisted grip
- Uses scissors to cut on lines and around shapes/simple objects



# Math

- Counts from one to ten
- Counts using one-to-one correspondence
- Identifies basic shapes
- Identifies colors



# Pre-Reading/Literacy

- Recites/sings the alphabet
- Visually identifies some of the letters of the alphabet
- Matches some letters to sounds or sounds to letters
- Recognizes own name when it's written or typed
- Writes own name and can identify the letters in his/her name
- Recognizes rhyming words
- Likes listening to stories/books
- Knows how to hold a book correctly



# Social

- Prefers to play with others rather than alone
- Able to interact appropriately with other children guidance/supervision
- Able to share/take turns/wait for turn
- Emerging empathy/wants to please others
- Plays cooperatively with others- including making group decisions, role assignments, and fair play
- Able to play imaginative games, simple board, and competitive games with others
- Able to negotiate disagreements





# Emotional



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- Separates from caregiver easily or without undue stress
- Mostly sunny/happy/secure outlook
- Increasing ability to control emotions/few emotional outbursts
- Has at least one way to soothe self & cope with frustration/disappointment
- Can label and talk about some feelings they have







# Behavioral



- Emerging impulse control and ability to delay gratification
- Able to initiate and participate in school tasks. Usually a self-directed learner
- Usually able to follow rules and multi-part directions
- Understands right and wrong & feels ashamed when caught doing the wrong thing
- More independent and able to take on more responsibilities at home (dressing self, sleeping in own bed at night, brushing teeth)
- Able to persevere when confronted with age appropriate but challenging tasks
- Respects authority
- Wants to do what is expected/please adults
- Focuses on adult-directed activities for five minutes or more



# Resources

[http://www.fcrr.org/for-educators/prek\\_cca.asp](http://www.fcrr.org/for-educators/prek_cca.asp)

